

The meeting was called to order at 7:40PM

President Cabuhat stated that notice of this meeting held via Zoom was posted on the Bergenfield Website, sent by e-mail to the Record and Cablevision in compliance with the "The Open Public Meetings Act". It was placed on one Bulletin board in the Municipal Building and placed on file in the Borough Clerk's office.

ROLL CALL

- Dr. Cheriyan
- Mrs. Pfannen
- Mr. Cabuhat
- Ms. Aquino-absent
- Mrs. Plan

Also Present, AnneMarie Delacruz , Liz Cruz absent, Jim Fedorko, Pam Lesnak, Sarah Bambino, Susan Barker councilman Hernando Rivera was absent.

OPEN HEARINGS

There being no one present who wished to be heard on a motion made by Mrs. Pfannen and Seconded by Mrs. Plan the time for Open Hearings was closed.

MINUTES

A motion was made by Mrs. Pfannen seconded by Mrs. Plan and carried that the minutes of the regular meeting of **December** 2025 be accepted as written.

BILLS TO BE PAID

Mrs. Delacruz stated that on behalf of President Cabuhat, Purchase Orders have been signed by Mrs. Delacruz and submitted. A motion was made by Mrs. Plan and seconded by Mrs. Pfannen and carried that the following bills were reviewed and approved.

Amazon-	\$ 119.46
Mid- Bergen-	\$ 22, 790.00
Safe Sitter -	\$ 604.00

REPORTS

Legal and Finance
"No Report"

Medical

Dr. Cheriyan mentioned the reports and the difference of the effectiveness of the flu and RSV vaccine which is called the virus drift. He explained this in detail but still mentioned it is recommended to take the vaccines. He said the flu and RSV will spike in the next two months and then subside when the temperatures rise.

Personnel

"No Report"

Publicity

The Board of Health meeting was advertised on the Bergenfield Website, The Record and Cablevision.

Liaison To Mayor & Council

"No Report"

Legislature & Regulatory

"No Report"

Written Reports of the Department

Mrs. Pfannen discussed personnel from the November Board Meeting. She discussed the new appointment by the Administration of Nurse Liz as one of the social service coordinators. She mentioned that Hernando has not been at the meetings and it has not been discussed with him. She said she was not sure if she included this matter in her resignation letter. She mentioned that it is something that the Board needs to address and she stated that when this was done previously the Board had passed a resolution limiting the number of hours to 5 per week and it was not for a professional nurse. Mrs. Pfannen also stressed that going forward in the New Year with the new Board members this should be looked at and addressed. President Cabuhat mentioned the importance of the liaison to Mayor and Council should be addressed and his attendance at the meetings. Mrs. De La Cruz mentioned that Mr. Gallo had asked her about Hernando's attendance at the meetings. She also said the Mr. Gallo is aware of the meetings since he gets the meeting links. Dr. Cheriyan told Mrs. DeLaCruz that this could be mentioned to Mr. Gallo in the future. Mrs. Pfannen mentioned that the Mr. Rivera was the liaison in the past and it was the same situation he did not attend meetings and that is not helpful.

Sue Barker asked if any members had questions regarding her report, She stated that revised reports will be sent. She mentioned that there were some dog bites and citizen complaints which will be updated and the reports will be resent. Mr. Fedorko asked Sarah Bombino health educator to go ahead and discuss the project healthy bones program that will be held at the library for 24 weeks, she explained this in detail as well as a diabetes prevention program which will commence in February. Dr. Cheriyan asked Sarah about the baseline signs and symptoms of the participants and Sarah explained that they make sure participants are approved by their provider. Sarah gave a detailed explanation of the program. Mr. Fedorko mentioned the program and stated that it is very successful in Ramsey. He asked Sarah how many classes are run at the Ramsey Senior center? Sarah mentioned that the program at Ramsey is twice a week for twelve weeks. He asked if this is done in Carlstadt and Sarah mentioned the program is run in Carlstadt and that they are hoping to replicate the program in Bergenfield. The members of the Board and Mrs. Dela Cruz thanked Sarah For her presentation and discussion.

Mr. Fedorko referred to his report from the NJ Department of Health and discussed the flu season as well as the flu vaccine and vaccine hesitancy. Mr. Fedorko also discussed measles and mentioned the rise in cases in the United States. Mr. Fedorko mentioned giving out flyers detailing the importance of MMR vaccines at the rabies clinic on January 4th. Mr. Fedorko asked President Cabuhat for 3 items that could be mentioned at the rabies vaccination clinic. Sarah said that if she is given 3 topics of choice - definitely education will be provided on the day of the rabies clinic. President Cabuhat asked if hypertension/diabetes can also be included in these flyers. Sarah said that this could be done. Mr. Fedorko mentioned the diabetes self-management class in detail and that hypertension will be covered in chronic disease self-management class. Dr. Cheriyan mentioned that two thirds of patients with diabetes have hypertension. Sarah mentioned that she will send a flyer to the Board so they can review it as needed. Mrs. Pfannen asked if the flyers will be at the library and Sarah confirmed that the library handles the registration and hand out flyers. Mrs. Pfannen asked Mrs. DeLaCruz about how many people come to the rabies clinic and she confirmed that there were about 50 people that came last year (2024) to the rabies clinic. President Cabuhat asked if the Borough website can be used or facebook since they have a lot of exposure on the website. Mrs. Plan mentioned the misinformation about vaccines and said that the importance of vaccination is a good topic to be discussed. Mr. Fedorko said that a trifold flyer can include measles/or some type of vaccination, the healthy bones class and the diabetes/hypertension.

A motion was made by Mrs. Plan and seconded by Mrs. Pfannan and carried that the written reports for December 2025 be accepted as written.

CORRESPONDENCE

Mrs. DeLaCruz stated there was no correspondence.

UNFINISHED BUSINESS

“No Report”

VERBAL COMMUNICATIONS

Mrs. DeLaCruz mentioned that the rabies clinic was rescheduled for January 4 from 11am to 1 am. Mr. Fedorko asked if there is enough help for the event. Mrs. DeLaCruz stated that the Vet will be there, Nurse Liz, Nurse Robin, Nurse Lisa Pam and herself will be there. Sue asked if license forms will be handed out at the rabies clinic, Mrs. DeLaCruz stated they will be and that she had about 20 emails regarding renewals with people inquiring about licensing their dogs and the rabies clinic.

Mrs. Pfannen’s resignation letter was read by Mrs. DeLaCruz at the request of Mrs. Pfannen Mrs Plan requested Mrs. DeLaCruz to read her letter as well. Mrs. Pfannen was thanked for her services. She said she will miss everyone. Mrs. Pfannen mentioned the mayor’s response and she said that she will be writing a follow up to the mayor that it is not the program but it is the personnel.

Mrs. Plan mentioned the Mayor’s Wellness program is successful but the role of the presence of the nurse should be discussed and the use of volunteer retired nurses should be explored.

Mrs. Plan was thanked for her services.

The Board Thanked Mrs. Pfannen and Mrs. Plan for their services and stated that they will be missed.

Everyone was wished Happy Holidays and a Happy New Year.

ADJOURNMENT

There being nothing further to come before the Board, on a motion by Mrs. Pfannen seconded by Mrs Plan and carried, that the meeting be adjourned at 9:30pm.

Respectfully Submitted,

*Annemarie DeLaCruz
Registrar of Vital Statistics, CMR*